



SHARKS SWIM TEAM 2008

Registration Information:

January/February 2008

Welcome to the 2008 Pleasanton Meadows Sharks Swim Season. Our team coordinators for the season will be Teri Bush (426-1746) and Mary Geasa (846-2595). New this year is our newly formed "Advisory Board" consisting of Katey Shinn, Karen Greene, Sheila Nelson, Kristin Werder, Adrienne Herz, Tracy Vaeth, Dixie Florio and Mike Kelly. They will be assisting us with team decisions and will be dividing up the workload. At the end of last season, these individuals expressed interest in getting more involved with the team. Both Mary and I welcomed this opportunity to divide up the workload. Below you will find our first ever team organizational chart with board phone numbers. We look forward to an exciting season.

We have hired Jared Watanabe, Brian Tucker and Krissy Sullivan as our coaches for the season. Jared was our assistant coach last year and is also the girl's junior varsity coach at Amador Valley High School. He has agreed to return as our head coach this year and has lots of great ideas to make the team even better. Many of you already know Brian. He has been instrumental in working with our swimmers for a number of years in an "unofficial" capacity. We are lucky to have him in an "official" role this summer. Krissy has been a lifeguard at PMCC and also has conducted her own private swim lessons. She was a member of the Sharks community for several years and we are happy to have her back.

Enclosed you will find a Consent for Medical Care and Registration Form. To reserve your spot on the team, return the completed and signed form **with payment** by March 1st (for Cabana Club members). For non-Cabana Club members, the deadline is April 15th. You can mail or drop it off the forms at Mary's house, 3016 Leger Ct, Pleasanton, CA 94588 (cross-street is W. Las Positas Road). Please put your registration form and check in the box located on the porch. The form is also available electronically on our team website <http://www.pleasantonsharks.com/>.

****Registrations received after April 15th must include a \$25.00 late fee per family****

Priority for sign ups is as follows:

1. Returning swimmers that are paid members of the Cabana Club.
2. Siblings of returning swimmers that are paid members of the Cabana Club.
3. Paid members of the Cabana Club.
4. Returning Non-Cabana swimmers. (forms processed after March 2nd)
5. New Non-Cabana swimmers. (forms processed after March 2nd)

Registrations for Non-Cabana members turned in prior to March 2nd will be dated and processed after March 2nd based on the date received.

NOTE: There will be no priority given after March 2nd for either cabana members or non-members. A waiting list (if necessary) will be determined by the date the registration form is received.

Fee: Due to the increase in coaching salaries and performing a comparison with the rest of the league, our fees have gone up. We are still very competitive with other teams in the area. The fee schedule for the 2008 swim season is: Cabana Members, \$110.00 per swimmer, Non-Cabana Club members, \$130.00 per swimmer. The fees cover the whole season (May 29th thru August 2nd). Practices are held 5 days a week after school breaks for the summer. There will be make-up practices for those unable to make the morning practices. We are still the best bargain in town! Please make checks payable to **Pleasanton Meadows Swim Team.**

We will be actively recruiting in the Mohr and East Dublin neighborhoods to bring in new swimmers. If you know of anyone from either area (or other locations in the city) please encourage them to join our team. We are also looking for older swimmers (15-18 year olds) as they are an integral part of our team and provide leadership for the younger swimmers. If you have any questions regarding the registration fees, please call Mary, or Teri (846-2595 and 426-1746 respectively).

All registrations received after April 15th must include a \$25.00 late fee per family.

The official season starts on Tuesday, May 27th with after school practice, and ends with our awards ceremony on Sunday, August 3rd. We will be conducting conditioning and stroke and turn classes during the months of April and May. Current dates scheduled for Stroke and Turn and Conditioning sessions are: S/T April 21 – April 25, Conditioning (session 1) April 28 – May 2, Conditioning (session 2) May 5 – May 9, Conditioning (session 3) May 12 - May 16 and Conditioning (session 4) May 19 – May 23. Sign-ups for these classes will be held at Volunteer sign-up night which is April 16th beginning at 6:30 at the Cabana Club. The cost will be \$5.00 per Stroke and Turn session and \$5.00 per conditioning session, each day constituting a session. We have been given permission to conduct a diving practice one day each week during the summer. Diving practice will occur between 6-6:30pm on Thursday nights. All swimmers are encouraged to sign up for the conditioning classes as they are a great way to get in shape for the season. We will have coaches on deck to conduct the classes. The stroke and turn classes and conditioning sessions are not considered part of the regular season as we officially do not begin practices until May 27th.

Prerequisites: Children must be at least 4 years old and no older than 17 on June 1, 2008. USS or AAU swimmers after January 1, 2008 are not eligible. Age groups are determined by age on June 1st. Age groups are 6 & under, 7/8, 9/10, 11/12, 13/14, and 15/17. NOTE: High School seniors who are 18 may compete in our league in the 15/17 age groups.

6 & Under: There will be a coach's evaluation the first week of practice for the 2008 team. For safety reasons, swimmers must be able to swim the length of the pool without stopping.

Volunteer Jobs: Joe and Sue Silva have volunteered to co-coordinate as volunteer coordinators. We have decided to break up this job into two parts. Joe and Sue will be conducting Volunteer

Sign-Up night and will produce a spreadsheet with all volunteer jobs each week. We are looking for another volunteer to call and remind each volunteer before each meet. If you're interested, please let us know. As you know, we cannot run the swim team without 100% participation from all families. You must sign up for a minimum of 4 jobs per swimmer (for example ½ a meet timing would be considered 1 job) with a maximum of 8 jobs per family. For those of you who have more than 2 swimmers, you will be put on a sub list to be called in "no show" situations. Some jobs have more responsibilities than others and will be counted as your entire commitment. Samples of jobs include timing, snack bar, setup, takedown, stroke and turn judge, runners and time/data entry. Larger jobs would include age group coordinators, snack bar coordinator, head timer, head starter, and announcer. If you cannot attend the volunteer sign-up night, please send a representative to sign up for your jobs. The actual date has yet to be determined but once known will be communicated via email.

At the end of this letter is the newly created team organizational chart. Note there are several volunteer positions available. If you are a returning family and want to keep the same job as last year, let us know immediately. If you are a new family, please send us your volunteer preference.

Volunteer Fees: We will be collecting an additional \$100 from each family during volunteer sign-ups. Please pay this with a check. We will hold the checks until the end of the season at which point, the check will be returned to you. The checks will NOT be deposited but will be under the jurisdiction of our Treasurer. If you have fulfilled your volunteer commitments, the check will be returned in full. If you have missed one of your volunteer commitments without providing a replacement, we will take \$25 out of your check. If you miss two commitments, we will take \$50 out of the check. This is a policy that all other teams currently use in our league. While the majority of you routinely fulfill your commitments, others do not and when they fail to appear for their jobs, the pressure to fill the gaps fall on those who have already fulfilled their commitments. If you cannot make your scheduled volunteer commitment, it is **your responsibility** to contact someone else to take your spot. You'll need to notify Joe and Sue Silva with the name of your replacement. **If your scheduled replacement does not appear, you will be responsible for the \$25.00 fee.** We have decided to give the \$25 directly to the family who fills in for the no-show family! **If no volunteer fee is submitted, your registration will be incomplete. All families must submit a volunteer fee.**

Swimsuits: During volunteer sign-ups, you will be able to purchase a team suit, goggles, caps, and Sharks Team Gear. We will be using Passionate Athlete for our swimming needs this year. We have used NorSki in the past but they have relocated away from Pleasanton. Both companies offer discounts on their team suits.

Swim Team Gear: Swim Gear, including sweatshirts and swim caps, will be available at volunteer sign-up night and at the BBQ. The Sharks sweatshirts are always in style. Make sure to bring your checkbook! Orders will be taken with the actual gear showing up at the beginning of the season.

Pre-Season Calendar:

- March 10th First Parent Information Meeting (pending location is the Cabana Club – more information to follow)
- April 2nd Second Parent Information Meeting. Returning families are welcome to attend.
- April 16th Volunteer Sign-Up night, 6:30pm at the Cabana Club
- What to Bring?
- Registration packet if not already registered
 - Registration fee
 - Volunteer fee (\$100) in the form of a check if not already paid
 - Calendar to double check openings for stroke and turn and conditioning classes
 - Extra checks for swim team gear and team suit
- April 21st Stroke and Turn begins - (Monday-Freestyle, Tuesday-Backstroke, Wednesday-Breaststroke, Thursday-Butterfly, Friday-Diving and Turns)
- April 28 First Conditioning session begins (ends May 2nd)
- May 5th Second Conditioning session begins (ends May 9th)
- May 12th Third Conditioning session begins (ends May 16th)
- May 16th Opening Day BBQ at the Cabana Club (more information to follow)
- May 19th Fourth Conditioning session begins (ends May 23rd)
- May 27th First day of practice (see practice schedule for times (on website))

QUESTIONS?

Team Coordinators:

Mary Geasa 846-2595 (mjgeasa@comcast.net)

Teri Bush 426-1746 (teri.bush@comcast.net)

Treasurer:

Connie Austin – 931-0196 (claustin44@sbcglobal.net)

Advisory Committee:

Katey Shinn -249-1505

Sheila Nelson -462-7073

Kristin Werder – 461-1111

Adrienne Herz – 485-9401

Mike Kelly – 417-2207

Karen Greene – 484-3519

Tracy Vaeth – 484-2176

Dixie Florio – 461-1860

Team Website:

Jason Rhoads -846-2752

Volunteer Coordinators:

Joe and Sue Silva (familysilva@comcast.net) Organizes volunteer sign-up night and prepares a spreadsheet with volunteers for each meet.

Open Position: Calls or emails each volunteer before every meet. If volunteer failed to find a replacement and is not present, the person who fills this position will be responsible for finding a replacement volunteer and will make sure they are reimbursed by notifying the treasurer.

PMST Organizational Chart: (Note, if no name next to a position, it's open. If you are interested in this position, send either Mary or Teri an email immediately as some positions do fill up.)

PMST Coordinators (Mary Geasa and Teri Bush)

Vision/Goals

Recruitment of new families

Accountability

Energy

Direct Reports

1. Spirit Coordinator (Tracy Vaeth & Sheila Nelson)

- Championship Coordinator
 - Snack Bar
 - T-shirt and pin
 - Cheer team
- Party Coordinator
 - Opening Day
 - Sleepover (Katey Shinn)
 - Awards
 - Trophies
 - Awards
 - Records
- Picture Day (Kerry Pickett)
- Recreation Days
- Fundraising
- Buddy Coordinator (2)
- New Family Coordinator (2) (Adrienne Herz & Kristin Werder)
- Spirit Quad
 - Sharks Gear
 - Tie Dye

2. Head Coach (Teri Bush and Mary Geasa)
 - Stroke and Turn
 - Conditioning
 - Assistant Coaches

3. Operations Coordinator (Teri Bush)
 - League Coordinator
 - Parent Handbook (Mary Geasa and Teri Bush)
 - Scorekeeper
 - PMCC Coordinator
 - Volunteer Registration
 - Fees/Compliance
 - Family Directory
 - Marketing
 - Historian
 - Website (Jason Rhoads)
 - Newsletter
 - PR/Publicity (Joe Silva)
 - Registration (Mary Geasa – mjgeasa@comcast.net for questions)
 - Treasurer (Connie Austin)
 - Database

- 4. Swim Meet Volunteer Coordinator (Joe Silva)
 - Swim Meet Coordinator
 - Age Group Coordinator (2 per age group per gender)
 - Meet Day Coordinator
 - Head Timer
 - Timers
 - Runners
 - Ribbon Coordinator
 - Announcer
 - Starter
 - Snack Bar Coordinator (Roger and Georgia Derus)
 - Workers
 - BBQ
 - Potatoes Cooker
 - Jamba Juice/Starbucks
 - Ice
 - Set up for home meets/Coordinate for away meets
 - Take Down Coordinator
 - Computer Coordinator (New position)

GO SHARKS!!

Registration Checklist:

Before mailing or dropping off your registration, please double check the checklist below:

Registration Form completed (with medical information) _____

Registration Fee included _____

Volunteer Fee included (\$100.00) _____